



भागेश्वर गाउँपालिका  
गाउँ कार्यपालिकाको कार्यालय,  
बगेश्वर, डडेलधुरा  
सुदूरपश्चिम प्रदेश, नेपाल

प.स. २०८०/०८/०८  
च.न २२७८

सुदूरपश्चिम प्रदेश, नेपाल  
मिति: २०८१/०३/१३

विषय: प्राविधिक तथा आर्थिक प्रस्ताव पेश गर्ने सम्बन्धमा ।

श्री सरोकारवाला सवै,

प्रस्तुत विषयमा भागेश्वर गाउँपालिका अन्तर्गत संचालन भएको बहुक्षेत्रीय पोषण कार्यक्रमको प्रभाव मुल्याङ्कन गर्नुपर्ने भएकोले यस कार्यालयमा सूचिकृत भएका वा तोकिएको योग्यता पुगेका परामर्शदाता फर्म वा संस्थाले भागेश्वर गाउँपालिकाले तयार गरेको संसोधित TOR (Terms of Reference) बमोजिम कार्य गर्न ३ (तीन) दिन भित्र प्राविधिक तथा आर्थिक प्रस्ताव पेश गर्नहुन सम्बन्धित सवैको जानकारीको लागि यो सूचना प्रकाशित गरिएको छ ।

(खगेद्र भारती)

प्रमुख प्रशासकीय अधिकृत  
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## **Evaluating the Impact of Bhageshwor Rural Municipality Nutrition Programs Guideline**

Evaluating the impact of Bhageshwor Rural Municipality's nutrition programs guideline would involve several key steps.

### **Define Objectives:**

Clearly outline the goals and objectives of the nutrition programs guideline. This could include improving the nutritional status of residents, reducing malnutrition rates, enhancing maternal and child health, etc.

### **Data Collection:**

Gather relevant data before and after the implementation of the guideline. This could include demographic information, health statistics, dietary habits, and other relevant metrics.

### **Quantitative Analysis:**

Conduct statistical analysis to measure changes in key indicators such as prevalence of malnutrition, incidence of nutritional deficiencies, birth weights, rates of stunting or wasting among children, etc. Compare data from before and after the implementation of the guideline to assess any significant changes.

### **Qualitative Assessment:**

Supplement quantitative analysis with qualitative assessments such as interviews, focus groups, or surveys to gather insights into community perceptions, challenges faced during implementation, and any unanticipated outcomes.

### **Comparative Analysis:**

Compare the outcomes of the Bhageshwor Rural Municipality's nutrition programs guideline with similar initiatives implemented in other regions or with national averages. This can help provide context and identify factors contributing to success or areas needing improvement.

### **Cost-Benefit Analysis:**

Evaluate the cost-effectiveness of the guideline by comparing the resources invested in its implementation with the achieved outcomes. Consider both short-term and long-term costs and benefits.

### **Stakeholder Engagement:**

Engage with stakeholders including community members, local authorities, healthcare professionals, and program implementers to gather feedback and insights on the effectiveness of the guideline and areas for improvement.

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### Policy Recommendations:

Based on the evaluation findings, make recommendations for adjustments or improvements to the nutrition programs guideline. This could involve refining strategies, reallocating resources, or addressing any identified gaps in implementation.

### Dissemination of Findings:

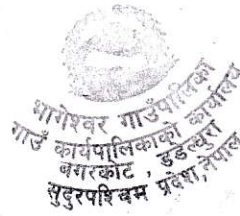
Share the evaluation findings with relevant stakeholders, policymakers, and the wider community through reports, presentations, or publications. This can facilitate transparency, accountability, and learning for future program planning and implementation.

By following these steps, a comprehensive evaluation of the impact of Bhageshwor Rural Municipality's nutrition programs guideline can be conducted, providing valuable insights into its effectiveness and informing future decision-making in the realm of nutrition and public health.

Er J. S. M. L.

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## **To Evaluate the Impact of Nutrition Programs, It's Essential to Consider Various Factors and Methodologies. Here's a Structured Approach to Creating a Report:**

### **Introduction:**

Briefly introduce the purpose of the report. Provide background information on the importance of nutrition programs and their relevance in Bhageshwor Rural Municipality.

### **Objectives:**

Clearly state the objectives of evaluating the nutrition programs.

Specify what aspects of the programs you will be assessing (e.g., effectiveness, efficiency, reach, sustainability).

To provides valuable insights for policymakers, practitioners, and stakeholders.

### **Methodology:**

Describe the methodology used for evaluation (e.g., randomized control trials, observational studies, surveys, questionnaires).

Explain the criteria used for selecting the programs to evaluate.

Detail any data collection methods, tools, or instruments used.

Mention any limitations or biases in the methodology.

### **Area of Assessment:**

Bhageshwor Rural Municipality

### **Nutrition Program Overview:**

Provide an overview of the nutrition programs being evaluated.

Include information on their objectives, target population, duration, geographical coverage, and funding sources.

### **Impact Evaluation:**

Assess the impact of the nutrition programs based on predetermined indicators.

Include quantitative data, such as changes in nutritional status, dietary habits, health outcomes, or knowledge.

Discuss qualitative findings, including participant feedback, program implementation challenges, and success stories.

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### **Cost-effectiveness Analysis:**

Evaluate the cost-effectiveness of the nutrition programs. Compare

costs against achieved outcomes or benefits.

Consider long-term implications and sustainability.

### **Policy Implications:**

Discuss the implications of the evaluation findings for policy and practice. Provide recommendations for program improvement or expansion.

Highlight any policy changes needed to support effective nutrition interventions.

### **Sustainability and Scalability:**

Assess the sustainability and scalability of the nutrition programs.

Identify factors that contribute to sustainability (e.g., community engagement, institutional support).

Discuss strategies for scaling up successful interventions.

### **Conclusion:**

Summarize the key findings of the evaluation.

Reiterate the significance of nutrition programs in improving public health outcomes. Highlight any gaps in knowledge or areas for further research.

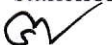
### **References:**

Cite all sources of information used in the report.


### **Appendices:**

Include any supplementary materials, such as data tables, survey instruments, or additional analyses.

By following this structure, you can create a comprehensive report that effectively evaluates the impact of nutrition programs and provides valuable insights for policymakers, practitioners, and stakeholders.





  
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## Terms of Reference

### BACKGROUND

Bhageshwor rural municipality is one of the largest rural municipalities in the Dadeldhura district. Bhageshwor rural municipality was established in BS 2073-12-02, comprising of five wards. Total area of Bhageshwor district is 223.38 square meters. There are many heritage sites and traditional settlements with numerous tangibles and intangible heritages. One of the significant sites is the Bageshwor temple. Bhageshwor the holy temple of the Hindus and a major worship place of Hindus. Bageshwor have major potential in tourism, hydropower, medicinal herbs and much more.

### Objective and Purpose of Work:

The aim of assignment is to collect and maintain database system of nutrition, public health and socio-economical condition of Bhageshwor Rural Municipality. Furthermore, to improve dietary habits, health and education condition of people. The analysis shall be targeted to meet following components such as nutrition program overview and its objective, impact evaluation assignment, cost effectiveness of the program, policy making and implication, sustainability and scalability of nutrition program.

### Scope:

The nutrition specialist must be having knowledge of assessment and evaluation of the data at field and will provide overview on nutrition condition of Bhageshwor Rural Municipality. He/she will have depth knowledge about this field.

### Detail Task:

- ☐ Evaluate individual's house hold dietary habits, health condition, education condition and nutritional needs.
- ☐ To prepare database report, provide advices to municipality and recommendation based on assessment.
- ☐ Contribute to policy development process related to nutrition and public health sector.

### Expected Outputs

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- ☐ Data collection Report
- ☐ Database System
- ☐ Recommendation and Conclusion

#### Minimum Qualification Requirement

- ☐ Bachelor degree in public health.
- ☐ Minimum 5 years of experience in Related Field.
- ☐ Very good communication and presentational Skilled.
- ☐ Fluency in written and spoken English.

#### Related Documents

- ☐ Cover Letter
- ☐ CV
- ☐ Academic Certificate
- ☐ Experience Letter
- ☐ Financial Proposal

#### Duty Station

Bhageshwor Rural Municipality, Bagarkot, Dadeldhura, Nepal

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